

## Day of Surgery

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### Before Your Procedure

- Please arrive 1 hour before your scheduled appointment. Doing so gives us time to verify your medical information and provide you with details concerning your procedure. It also gives you time to meet with the physician performing your procedure and ask him/her any questions you might have. In the event of a medical need, you may require admission to the hospital.
- You must have a responsible adult to bring you in and take you home. If you have no driver, your appointment will be cancelled. In some cases, the responsible adult may have to stay with you for several hours after the procedure. If using public transportation (i.e. taxi), you must have a family member or friend accompany you. Your doctor will give you specific instructions on the day of your procedure as to when you can return to work.
- Bring a list of your current medications and drug allergies. If you are taking Coumadin, Plavix, Aspirin, natural supplements, vitamins or anti-inflammatory medication (i.e. ibuprofen, Aleve), please call the pre-op nurse immediately at (305) 341-7280. Please also give us a call if you think you are pregnant.
- Leave all valuables and jewelry at home.
- Wear loose, comfortable clothing such as elastic waist pants, a T-shirt and slip-on shoes.
- Please do not wear makeup or nail polish.
- Do NOT have anything to eat or drink after midnight, the night before your procedure.

### Insurance and Billing

- You will need to bring your insurance cards, including Medicare (if applicable) and a photo identification card. Motor Vehicle Insurance patients will be required to pay their deductible, if applicable, on or before the day of treatment.
- Insured patients with deductibles will be required to pay their deductible on or before the time of service. Mastercard, VISA and American Express are accepted.
- Self pay patients will be required to pay for services on or before the admission date unless other arrangements have been made.
- In the event any of the above requirements cannot be met, the facility will attempt to make other financial arrangements. These arrangements must be approved by the Administrator. If you have questions about financial arrangements, please call us at (305) 341-7280.

### After your Procedure

- Rest on the day of your procedure.
- If you received sedation or general anesthesia, your reflexes and mental ability may be impaired even though you may feel normal.
- You may feel dizzy, lightheaded or sleepy for 24 hours or longer.
- Do not consume alcohol, drive, operate machinery, or make important personal or business decisions for 24 hours.
- If receiving general anesthesia, it is normal to feel generalized aching and sore muscles for 24 hours.
- A sore throat may occur.
- Drink plenty of fluids and progress to solids as tolerated.
- Call your doctor if you experience any of the following:
  - Temperatures over 101°F
  - Signs of infection
  - Continued nausea/vomiting
  - Excessive pain
  - Swelling or bleeding
  - Excessive drainage
- A surgery center nurse will call you the following day regarding your recent stay.
- In case of emergency, call 911 immediately.